Disaster Response Grant ADVISORY BOARD MEETING AGENDA January 7, 2021 10:00 – 11:00 a.m. CT

Present: Megan Reese, Joel Kerkman, Alissa Zoucha, Taira Masek, Dan Endorf, Brian Gralheer, Jamie Rich, Katlynn Osborn, Beth Kabes, Jamie Rich, Kristine White, Diane Wolfe, Kevin Kavan, Deb Anderson

Absent: Ross LeFleur, Krista Horton, Amy Ferguson, Tasha Osten, Aubrey Miller, Julie Muller

Discussions

- Online Referral: Megan Reese
 - o Link to Referral Form
 - https://socialsupports.esu2.org/
 - Use the link for all Tier 2 and Tier 3 interventions
 - All 3 districts have utilized the Social Supports Systems.
- All Districts: Activities from October 1 December 23
 - Psychological First Aid with NDE (All 3 districts)
 - SSET Training (All 3 districts and ESU Staff)
 - Fremont: CBITS Training
- North Bend Central:
 - Compassion Fatigue and Self-Care with Project Harmony for Elementary School
 - Compassion Fatigue and Self-Care with Project Harmony for Middle/High School
- Raymond Central:
 - Trauma Informed Care Strategies
 - 1 Session for Elementary School
- ESU 2:
 - SSET and CBITS Facilitators
 - PFA Trained
- Contracts with Tier 3 Therapy Providers have been signed
- Screener/ NOMs
 - NOMS: National Outcomes Measure.
 - Interview will be conducted with family prior to referring to therapy
 - o Screener: Will be utilized in SSET, CBITS, BounceBack
 - Screener: SDQ will be used with family/staff.
- Referral Protocol:
 - Will be sending in attachment.
 - Explains the steps that can be utilized when considering a referral to the system.

Upcoming Activities: Available for All Districts

- Youth Mental Health First Aid, January 27 29, 2021. Link to Registration
 - Looking for Instructor Candidates. Need to complete an application (15 minutes to complete)
 - SROs
 - Counselors
 - Teachers or Paras that are interested in being a trainer
 - Where can you provide this training?
 - PTA
 - Community Events
 - New Teacher Academy
 - Fire & Rescue Departments
- Adult Mental Health First Aid, May 26 28, 2021. Link to Registration
- NDE Crisis Response Team Level I (Responding to staff/student death, Staff messaging, Parent messaging, Basic PFA concepts. <u>Virtual from 8:30 – 3:30</u> (same link as Level II and III)
 - January 13, 2021
 - February 10, 2021
- NDE Crisis Response Team Level II (Field operations, Ongoing follow-up guidance, PFA core actions. <u>Virtual from 8:30 3:30</u> (same link as Level I and III)
 - January 12, 2021
 - February 9, 2021
 - March 9, 2021
- NDE Crisis Response Team Level III (Digging deeper into long-term follow-up).
 <u>Virtual from 8:30 3:30</u> (same link as Level I and II)
 - March 30, 2021
 - April 13, 2021
- ESU PFA Team:
 - Availability to support schools as needed.
 - Will be meeting at least twice this year.
 - Can be on standby as needed to support staff and students.

Next Steps

- Small Group Interventions Training
 - BounceBack: February 16 <u>Click Here to Register for Training</u>
 - If a participant has not received SSET or CBITS will have a few resources to work through prior to the session.
 - Can send the modules needed prior to the training today.
 - Modules are around 30 minutes to 1 hour.

Updates & Questions

- ESU Staff available for Tier 2 Small-Group Facilitation
 - SSET: Non-Clinical version.
 - CBITS (5-9) and BounceBack (2-4): Does include 1 on 1 session with facilitator to discuss trauma prior to discussing with group.
 - Follow-Up sessions have been scheduled and will be scheduled. This will allow opportunities to review different sections of the training and prepare.
 - SSET/CBITS/BounceBack Kits are available for staff to use during the trainings.
- ESU will send the difference between the Crisis Team supports available with NDE.
- Summer Trainings will be uploaded to the ESU website and a flyer will be sent to districts for review.
- Onsite visit available dates
 - Beth will be emailing everyone for date suggestions.

Next Meeting: April 1st, 2021 at 10am.